



Day One

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|---------------|---|
| 08.15 - 08.30 | Registration / Tea / Coffee |
| 08.30 - 08.45 | Welcome and aims and setting the scene TB |
| 08.45 - 09.00 | <i>Demonstration:</i> Cardiac Simulation NR, CA, ROL |
| 09.00 - 12.15 | Basic & Advanced Life Support: Skill stations including review and continual assessment |

Skill Stations: Group Rotations

| Time: | Airway Management | | Basic Life Support | Cardiac Arrest Rhythms and Defibrillation |
|---------------|---|---|---|---|
| Instructors | TB, CA, NC | BL, IO, RME | ROL, CG | NR, AS |
| 09.00 - 09.45 | A | B | C | D |
| 09.45 - 10.30 | A | B | D | C |
| 10.30 - 10.45 | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors |
| 10.45 - 11.30 | C | D | A | B |
| 11.30 - 12.15 | C | D | B | A |

12.15 -13.00 Lunch

Simulation Teaching Stations: Cardiac Sessions - Group Rotations

| Time: | Cardiac Simulation 1 | Cardiac Simulation 2 | Cardiac Simulation 3 | Cardiac Simulation 4 |
|---------------|----------------------|----------------------|----------------------|----------------------|
| Instructors | NC, NR | ROL, CG | TB, BL, RME | IO, MS, AS |
| 13.00 - 13.30 | A | B | C | D |
| 13.30 - 14.00 | B | A | D | C |
| 14.00 - 14.30 | C | D | A | B |
| 14.30 - 15.00 | D | C | B | A |
| 15.00 - 15.10 | Refreshment Break | Refreshment Break | Refreshment Break | Refreshment Break |

15.10 - 15.30 *Demonstration:* Newborn resuscitation NC, BL

15.30 - 16.20 *Interactive session:* Assessing and managing the seriously ill child TB

16.20 - 16.35 *Demonstration:* Serious Illness Simulation ROL, MS, IO

Simulation Teaching Stations: Serious Illness - Group Rotations

| Time: | Serious Illness Simulation 1 | Serious Illness Simulation 2 | Serious Illness Simulation 3 | Serious Illness Simulation 4 |
|---------------|------------------------------|------------------------------|------------------------------|------------------------------|
| Instructors | NR, CA, TB | NC, IO, RME | ROL, CG | BL, AS |
| 16.35 - 16.45 | Refreshment Break | Refreshment Break | Refreshment Break | Refreshment Break |
| 16.45 - 17.15 | A | B | C | D |
| 17.15 - 17.45 | B | A | D | C |
| 17.45 - 18.15 | C | D | A | B |
| 18.15 - 18.45 | D | C | B | A |

18.45 - 19.00 Review of Day 1



Day Two

08.00 - 08.10 Meet your mentor

08.10 - 08.40 *Interactive Session:* Structured approach to the seriously injured child TB

08.40 - 08.55 *Demonstration:* Serious injury simulation CMD, NC, RME

Skill Stations and Workshops: Serious Injury - Group Rotations

| Time: | Vascular Access | Stabilisation & Transfer | Spine Protection | Chest Procedures & Needle Cricothyroidotomy |
|---------------|---|---|---|---|
| Instructors | ROL, CG | NC, CMD | NR, MS, AS | RME, TB |
| 08.55 - 09.35 | A | B | C | D |
| 09.35 - 10.15 | B | A | D | C |
| 10.15 - 10.25 | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors |
| 10.25 - 11.05 | C | D | A | B |
| 11.05 - 11.45 | D | C | B | A |
| 11.45 - 11.55 | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors | <i>Refreshment Break</i> Meet your Mentors |

Simulation Teaching: Serious Injury - Group Rotations

| Time: | Injury Simulation 1 | Injury Simulation 2 | Injury Simulation 3 | Injury Simulation 4 |
|---------------|---------------------|---------------------|---------------------|---------------------|
| Instructors | CMD, NC, CA | NR, TB | ROL, CG | AS, BL, RME |
| 11.55 - 12.25 | A | B | C | D |
| 12.25 - 12.55 | B | A | D | C |
| 12.55 - 13.30 | Lunch | Lunch | Lunch | Lunch |
| 13.30 - 14.00 | C | D | A | B |
| 14.00 - 14.30 | D | C | B | A |

14.30– 16.30 Testing Stations - MCQ - Simulations - Re-Tests where necessary

MCQ Paper (30 minutes within time allocated)

| Time | Candidates Numbers | |
|---------------|--------------------|--------|
| 14.30 - 15.30 | 1 - 8 | 9 - 16 |
| 15.30 - 16.30 | 17-24 | 25-32 |

| Time: | Simulation 1 | Simulation 2 | Simulation 3 | Simulation 4 |
|---------------|--------------|--------------|--------------|--------------|
| Instructors | NC, TB, MS | ROL, CG | NR, CMD | BL, CA, AS |
| 14.30 - 14.45 | 9 | 10 | 1 | 2 |
| 14.45 - 15.00 | 11 | 12 | 3 | 4 |
| 15.00 - 15.15 | 13 | 14 | 5 | 6 |
| 15.15 - 15.30 | 15 | 16 | 7 | 8 |
| 15.30 - 15.45 | 17 | 18 | 25 | 26 |
| 15.45 - 16.00 | 19 | 20 | 27 | 28 |
| 16.00 - 16.15 | 21 | 22 | 29 | 30 |
| 16.15 - 16.30 | 23 | 24 | 31 | 32 |

17.15 – 17.30 Feedback & meet with your mentor